

**ABSTRACT OF THE DISCLOSURE**

A vehicle control apparatus and method drives a driven device with power from a drive power source, and performs a control of stopping the drive power source based on a stop request. The load on the drive power source is reduced by controlling the driven device 5 so as to reduce the load on the drive power source if the stop request has been output and a system that controls the rotating of the drive power source is in a state where the system is not allowed to stop the drive power source.

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